

Approved Snack List

We are committed to providing a safe and welcoming environment for all of the children in our school. Accordingly, please be advised that there are children in our school family identified with a life-threatening food allergy.

We are respectfully requesting alternative food choices for all children rather than foods that contain peanuts or tree nuts (for example: almonds, brazil nuts, cashews, hazelnuts, pecans, pistachios, walnuts) for **snack**.

Some children have severe reactions to certain foods, so I would also ask you to remind your children not to share their food with other children.

Please call the school's Health Office if you have any questions or concerns and thank you for your efforts to help us accommodate children with life threatening conditions.

Approved Snack List - Peanut/Tree-nut Free snacks:

- *Fruit (whole fruit, fruit cups, applesauce)
- *Raisins
- *Cheese, Cheese sticks
- *Yogurt
- *Jello
- *Vegetables
- *Fish Crackers
- *Wegmans Animal Crackers (NOT organic)
- *Graham Crackers
- *Teddy Grahams
- *Fruit Gummies
- *Cheez-its
- *Club Crackers
- *Saltines
- *Pirate Bootie

Not Safe Items: (These items can have nuts/peanuts and will need further label reading)

- *Granola Bars
- *Granola
- *Baked goods
- *Cookies
- *Pretzels (Rold Gold pretzels are ok)
- *Pudding (Sugar free puddings now contain coconut)
- *Chocolate

*Crackers with peanut butter

*Chex Mix

*Cereals with nuts and peanut butter